



**Shasta
County
Triple
P[®]
Service
Providers**



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Shasta County
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First 5 Shasta.
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www.triplepshasta.com

(855) 275-8109



Triple P[®] (Positive Parenting Program)

Triple P[®] is a multi-level system of parenting and family support. Based on more than 30 years of research, Triple P[®] is now used in 20 countries in North America, Europe, Australia and Asia.



The goals of Triple P[®] are:

- ◆ To promote the independence and health of families through enhancement of parents' knowledge, skills, and confidence
- ◆ To promote the development of safe, protective, and nurturing environments for children
- ◆ To promote the development, growth, and social competence of young children
- ◆ To reduce childhood behavioral and emotional problems and adolescent delinquency, substance abuse, and academic failure
- ◆ To enhance the competence, resourcefulness, and self-sufficiency of parents in raising their children
- ◆ To reduce the incidence of child maltreatment

Who is Triple P[®] for?

- ◆ Parents who are facing common everyday challenges raising children
- ◆ Parents of children at risk of developing behavioral or emotional problems
- ◆ Parents of children already showing behavioral or emotional problems
- ◆ Parents of children with developmental disabilities
- ◆ Parents feeling stressed by the challenges of parenting

One of the few evidence-based parenting programs in the world, Triple P[®] has more than 90 randomized clinical trials (efficacy and effectiveness studies), field evaluations and dissemination studies. For more details about individual studies, go to:

http://www.pfsc.uq.edu.au/publications/evidence_base.html



