Shasta Food Group is a coalition of local food banks, food assistant providers, community members, and health and nutrition educators.

Shasta Food Group works to ensure that all people in Shasta County have access to enough ***nutritious*** food to eat every day through education, funding and assessment, as well as policy and environmental changes.

Shasta Food Group
Plant A Row Participants

- Acorn Enterprises
- Anderson-Cottonwood Christian Assistance
- Bethel Church
- Fall River Mills Food Pantry
- Good News Rescue Mission
- Igo/Ono Community Food Pantry
- Living Hope Compassion Ministries
- Martin Luther King Center
- People of Progress
- The Salvation Army
- Shasta County Health & Human Services
- Shasta Lake Community Food Pantry
- Shasta Senior Nutrition Programs
- Shingletown Grassroots For Kids/ Emergency Food Pantry
- Solid Rock Four Square Church
- Twin View Feed the Kids Program
- UC Cooperative Extension
- Valley Christian Fellowship

Shasta Food Group

Shasta Food Group

P.O. Box 493996

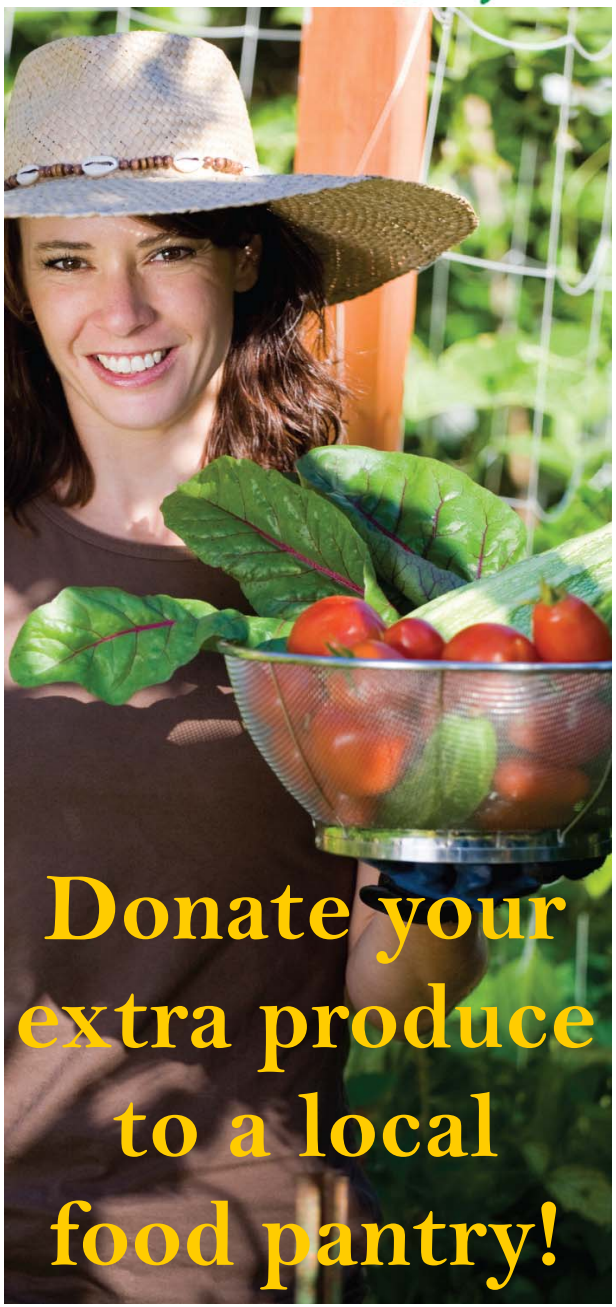
Redding, CA 96049

(530) 605-1091 or 917-8008

www.shastafoodgroup.com

United to end hunger in Shasta County

Plant a Row For The Hungry℠



What is *Plant a Row for the Hungry*?

Plant A Row for the Hungry is a community-wide effort that encourages gardeners to grow a little extra and donate produce to local soup kitchens and food pantries serving the needy in Shasta County.

The Need is Great!

More than 35% of Shasta County adults *and* their children reside in food insecure households. (2009 California Food Policy Advocates) This means that these families and individuals **do not have enough** nutritious food to last throughout the month.

Shasta County food banks rely on charitable donations to help provide food and services to community members who suffer from hunger or the daily threat of hunger. By donating your extra produce directly to food banks, you can help local organizations stretch already meager resources.

You Can Make a Difference!

- Plant extra vegetables, fruit or cooking herbs.
- Deliver your extra produce to a local food pantry.
- Encourage your fellow gardeners to plant extra.

Businesses Can Help Too!

- Contribute “in-kind” donations of plants or seeds.
- Organize a company-wide Plant a Row campaign or contest.
- Promote Plant a Row by distributing brochures at your business.

Drop Off Locations

Redding

Good News Rescue Mission
3100 South Market Street, 244-6810.
Monday - Friday, 6:30 am - 8:30 pm

Living Hope Compassion Ministries
1043 State Street, 243-8066
Monday - Friday, 9:45-11:45 am & 1:45 - 3:45 pm. Call for additional hours.

People of Progress
1242 Center Street (behind Napa Auto)
243-3811, Monday - Friday, 10 am - 5:30 pm, Saturday, 10 am - 2 pm.

Shasta Senior Nutrition Programs
100 Mercy Oaks Drive (530) 226-3073.
Monday - Friday, 8 am - 2 pm

Salvation Army
2691 Larkspur Lane (530) 222-2207.
Monday - Thursday, 8:30 am - 4 pm

Anderson

Anderson Cottonwood Christian Assistance (A.C.C.A)
2979 East Center Street, 365 - 4220.
Tue. and Fri., 9 am - 2 pm or call (530) 604-5503

Shasta Lake

Shasta Lake Community Food Pantry
1501 McConnell Avenue. 275-8052 or 275-3568. Last Friday of month, 9 -10 am

Shingletown

Grassroots Emergency Food Closet
Call 474-4220 to schedule drop-off.

Burney

Solid Rock Four Square Church
Call 335-4300 or 949-4379 for drop-off.