

Did You Know...

the Affordable Care Act requires health plans to provide a comprehensive package of items and services, known as **Essential Health Benefits**? Many preventative services like annual check-ups, certain immunizations and selected medical screenings like mammograms will be included at no additional cost.

Qualified Health Plan

A Qualified Health Plan (QHP) is health insurance that is certified and purchased through Covered California.

QHP's provide essential health benefits at four basic coverage levels - bronze, silver, gold and platinum (*a minimum coverage plan is available for some individuals up to age 30*).

Anthem Blue Cross, Blue Shield of California and Kaiser are providers of QHP's in our region. Blue Cross and Blue Shield both have providers in the Shasta County.

