

SHASTA COUNTY COMMISSION ON AGING

Minutes for February 19, 2016

Shasta Lake Community Center, Chamber of Commerce
1525 Median Ave, Shasta Lake City

Call to Order: 10:05 AM

Commissioners Present: Stephen Morgan-Chair, Tom Watson-Vice Chair, Lorraine Gagnon, Betty Harrison Smith, Janet Tyrrel, and Pat Reid. Also present was Shasta County HHSA Clerical – Lisa Fisher.

Approval of Agenda: Motion to approve -Janet Tyrrel, Second -Betty Harrison Smith. Approved.

Guests: Matt Giri, District 4 Commissioner Candidate.

Presentation /Speaker: Jessaca Lugo is the Shasta Lake City Community and Economic Development Manager. She spoke about the recent and ongoing community improvements being done in Shasta Lake City.

Acceptance of January 2016 minutes: Motion to approve- Pat Reid, Second-Janet Tyrrel. Motion Approved.

Correspondence: NONE

Old Business-

- a. Suggestions for speakers for meetings-For March, Lorraine has scheduled Christine from Mercy Hospice. For April, Betty has scheduled Shasta County DA Lucky Jesrani. For the future Tom will try to get Dr. Nina Perry, Geriatrician.

New Business –

- a. Moving meetings to various cities. Possible site-Igo/Ono

Reports from Commissioners-

Steve Morgan- Will not be at the March meeting due to medical issues.

Tom Watson: Has partly retired. He has stopped his private practice to devote more time to all of his many other endeavors. His passion is in senior education in advanced care directives. Tom is setting up a day care program of sorts for seniors to have companionship and fraud prevention. He is also the Director of both nursing homes, Director of Hospice and Director of the Emergency Room and works there a couple of times a week. He also still does house calls both in Burney and Redding. Concierge medicine is the wave of the future.

Janet Tyrrel- Date for Senior Health Fair/ Healthy Aging Summit is May 13, 2016. Focus on screenings and free lunch. At the last Older Adult Policy Council, Tommy Key is the new Veterans Service Officer. Power to Seniors program paid \$ 5167.00 to 9 people last month. Senior and Veteran fraud prevention fair is March 8, 2016.

Adjournment: 11:06 AM

Next meeting date: March 18, 2016 - 10 AM, Room 311-County Administration Building.