

April 18, 2014
SHASTA COUNTY COMMISSION ON AGING - MINUTES
Redding Hotel Conference Room
10:00 AM

Call to Order Roll Call: The meeting was called to order at 10:01 AM by Janet Tyrrel.

Present: Marlene Lewis Batterton, Mana Davis, Stephen Morgan, Pat Reid, Janet Tyrrel, Tom Watson and Shasta County Secretary, Lisa Fisher.

Public Comment: None.

Agenda Changes: Agenda will be posted before each meeting in accordance with the Brown Act.

Acceptance of the March Minutes: Filed as sent with no corrections or additions.

Correspondence: None.

Old Business:

- 1) Contacting of the Water Providers for each District
 - a) Pat Reid had a discussion with the Clear Creek Community Service District. They do not have any special pricing for seniors. They are asking everybody to reduce use to 50% of 2012 and to use conservation techniques such as no gardens, no car washing, no dishwashers, etc.
 - b) Tom Watson reported the East County water district does not feel there will be any changes.
 - c) Marlene Lewis Batterton tried to call Pam Clacker at the City of Redding regarding the usage but she is out of town until May 12th. She left a call in for someone else to call her, but did not receive a return call.
 - d) Mana Davis checked with ACID and they are hopeful that it may get up to 75% of previous usage. Costs will increase.
 - e) Steve Morgan had a chance to interview both Mayor Morgan and City Manager John Duckett and the water delivery is going to be cut by 50%. There was a previous deal with the McConnell Foundation to purchase 1500 acre feet of water but we found that we only need 900 acre feet. We went on a 20% rationing due to conservation techniques. Shasta Lake City water source is Shasta Dam. The water usage is also tier based but through the Salvation Army, for the seniors that are disadvantaged, we will work with them and we have a lifeline project for water, sewer and electric.
 - f) Janet Tyrrel did not get a return call from the City of Redding.

- 2) Contacting the appointing authority
 - a) Pat Reid was told by City Manager of Anderson that the only thing he has been approached with is the disposal of old prescription meds and diabetic needles. She also contacted the Anderson Fire Chief and he said that the only thing he has been contacted with is the disposal of alkaline batteries. EMT's in Anderson said the biggest problems they have seen with seniors is falling and loneliness/depression

- b) Tom Watson stated the problem of loneliness is ubiquitous in every area. A lot of communities have the resources to do things to help socialize seniors, but many times the seniors complain of loneliness and yet do not want to participate.
- c) Mana Davis did not contact supervisor because he is on vacation.
- d) Steven Morgan contacted the Mayor of Shasta Lake City and the concerns there are affordable senior housing but funding has dropped off. The other concern is the RABA.
- e) Janet Tyrrel spoke to David Kehoe and he said the biggest problem he sees is conveying information to the seniors. The best venue is through the utility bills. Many cannot afford the paper and radio/television tends to filter what goes on. Channel 9 would be the best venue as it is available without cable subscription.

New Business:

- 1) Marlene Lewis Batterton posed these questions. How do we get projects started? What has this group actually done in the past year? What have we started or activated in this community for seniors? What can we do other than talk about it? She thought there was money available from this commission for programs.
 - a) Pat Reid commented that we have the wonderful Anderson Frontier Senior Citizens Hall and we have a very dynamic chairman. We are covering our seniors pretty well. She is going to go back to talk to the participants there and to the fire chief and the city manager and discuss the problem of senior loneliness and try to work on that.
 - b) Mana Davis provided the following information. We do not start programs. We oversee various programs and bring to the Board of Supervisors any gaps in the services for seniors. One program we monitor is the Golden Umbrella. They have a program called Senior Companion and we can meet or write to them to call to their attention the loneliness issue and see if they have senior companions available or we could help recruit if need be. We as a group send lobbying letters or as individuals, can write to promote changes we are interested in. We need to get all the information and then we would try to work on getting funding or backing for certain projects that meet the criteria of our group. We are like a watchdog but have no authority over anything.
- 2) Tom Watson stated that we had input in the senior needs questionnaires generated by PSA2.
 - a) Janet Tyrrel had a conversation with David Kehoe regarding changing the By-Laws to reflect the actuality of where we meet. David said he feels that public boards or commissions should be meeting in public places and we surely could have a room in the County Administration building. The other revision to the By-Laws would reflect current language in documents by changing Chairman and Vice Chairman to Chair and Vice Chair respectively in the first sentence of Article III; Section 4 and Chairman to Chair in the second sentence.
 - b) Tom Watson moved that we change all references to Chairman and Vice Chairman to Chair and Vice Chair throughout the By-Laws. The motion was seconded by Steve Morgan and passed unanimously. We will vote on it in May and the next month we will send it to the County Supervisors for approval.

Commissioners Reports:

- 1) Steve Morgan would like to invite a speaker, Tina Brown from Dignity Health and Golden Umbrella, to come and speak regarding the program offerings of the Golden Umbrella.
- 2) Janet Tyrrel summarized what goes into the minutes. Minutes reflect actual motions made and what the outcomes are. Every discussion does not have to be verbatim. If we have an item of discussion, a summary sentence or two at the most covering that discussion are necessary so that those absent will know that this topic was discussed and they can ask questions later. Also, Robert Rules of Order says that

in the minutes, you do not have to record the name of the person who seconds the motion. Always record the name of the person who made the motion then if it was carried or not.

- 3) Mana Davis had nothing to report.
- 4) Marlene Lewis Batterton contacted City of Chico regarding the Ombudsman for people in medical situations. She will follow up to determine who screens and refers.
- 5) Pat Reid stated that we have the means for taking care of most of the elderly problems. Accessing the appropriate agency is a problem but she will discuss this with providers.
- 6) Tom Watson said that most communities have yearly disposal of meds events and they can also be taken to their physicians or hospitals. There are no assisted living homes in the Burney area right now. His biggest project is working on resolving that issue. We need to be more accessible as public servants.

Adjournment: 11:37 AM

Next Meeting: May 16, 2014 at the County Administration Building-1450 Court St. Room 311

PLEASE CALL Janet (243-1233) IF YOU ARE UNABLE TO ATTEND