

March 21, 2014

SHASTA COUNTY COMMISSION ON AGING - MINUTES

Redding Hotel Conference Room

10:00 AM

Call to Order Roll Call: The meeting was called to order at 10:00 AM by Janet Tyrrel.

Commissioners Present Were: Janet Tyrrel, Mana Davis, Pat Reid, Marlene Lewis Batterton, and Stephen Morgan. Representing Shasta County were Anna Champe and Lisa Fisher.

Introductions: Pat Reid representing the City of Anderson, Mana Davis representing District 5, Anna Champe representing Shasta County Health & Human Services, Lisa Fisher Shasta County Secretary, Marlene Batterton representing the Redding District, Steve Morgan representing Shasta Lake City, and Chair Janet Tyrrel representing District 1.

Public Comment: None

Acceptance of the Agenda: Motion to approve- Mana Davis, Second-Pat Reid, Motion carried.

January minutes corrections:

1. Under the heading "Old Business", section b-AAA means Area Agency on Aging.
2. Under the heading "Commissioners Reports", Marlene Batterton brought up the fact that she thought there should advocacy for seniors who were seeing medical doctors.

Accepting the minutes as corrected: All in favor.

Review February Notes:

- a) Marlene regarding February notes, Tom had suggested that we all go to our community water sources and see if we could negotiate lower prices for seniors on fixed incomes. I received a letter from Pam Checkler at Public Works regarding why they could not lower the prices in this district. Prop 218 was voted in by the voters that said that we cannot give lower prices for water as it is tier-based not income-based.
- b) Pat Reid has been working with the Clear Creek Community Service District, which is the Happy Valley part of Anderson, and they are asking everyone to cut usage by 50%. They feel that it would be hard to cut 50% but to make a stab at it. They are saying no gardens and no car washing. They get 50% of their water from Bella Vista so the cost is going to go up. Bella Vista is going to have some of the same

requests. There is nothing in writing as of yet. You can get this information verbally if you call them. They think many seniors in the rural areas now have multi-family members so theoretically they have more usage but also more income in the home.

Correspondence: None

Old Business:

- a) Update of the website: Anna Champe said, "It continues to be on the agenda. I update things as they go. Is there something new or different that needs to be there?"
Janet replied, "No, Ruben Cruz, County Council had questioned if we are complying with the Brown Act. There is no agenda record to change our bylaws." Janet will call them and assure them that we are always on the County website. It is hard to get to but it is there under "seniors" or can be found by doing a Google search. We will have the by-laws amendments on the agenda for the April meeting. Pictures will be taken after the meeting and added to the website.
- b) PSA 2 Collaboration for revision of Unmet Needs Survey needs to be in someone's charge. It was suggested that a letter be sent to PSA 2 that the commission had decided that they wanted to be involved in the revision and would they notify the commission. Mana will draft a letter and send it to Janet and be the point person on it. PSA 2 is Planning Service Area 2 Area Agency on Aging. The state of California is divided into planning service areas in order to distribute the funds that we receive from the federal government. The money comes from the Older Americans Act from the federal government to the state agency and the state adds some money and then the state distributes it to the PSA's. It covers 5 counties-Shasta, Modoc, Siskiyou, Lassen & Trinity. Part of what we are supposed to do is monitor how those providers are using the money. We have to contact them to ask how they are using the money. The CEO of the Area Agency on Aging is in the habit of coming down once a year and giving us a report on how they have done. She also sends to us a copy of the Area Plan that is updated each year. it is also online.

New Business:

- a) Plan of Work and Program for year:
 - a. Janet would like to have the Shasta County Commission on Aging Policies and Procedures updated. Thought it was done last year. Janet to contact Glenda to see what is on file at the County. The last revision seems to be from 2008. Not sure if it was ever approved for 2013. Janet will get copies for all the new members and add the date that they were accepted.

- b. Janet would like each of the Commissioners to speak to the person who appointed us and ask them if they have any concerns which we need to address as the Commission on Aging concerning senior citizens.
 - c. Janet would like to have everyone check with their water districts regarding upcoming restrictions and ways to conserve for seniors.
 - d. Marlene will check into Chico State program regarding patient advocacy for seniors.
- b) Other: Possible speakers
- a. The CEO from Shasta Regional Medical Center
 - b. Susan Wilson on mental health/suicide prevention
 - c. Wright Roads Recovery board member regarding substance abuse in seniors having to do with mental illness.

Commissioners Reports:

Steve Morgan, born and raised in California, father was in the service. He worked at Mare Island Naval Shipyard for 32 yrs, moved to San Diego for 10 yrs. Aunt wanted to sell house in Shasta Lake City where he lives now. Love the area and happy to be living here. He serves on the Park and Recreation Commission, Mosquito Control Board, and also on LAFCO and now the Commission on Aging.

Marlene: Nothing to report

Mana: Nothing to report

Pat: Nothing to report

Janet: Nothing to report

Adjournment: 10:57 AM

Next Meeting: April 18th, 2014