

PHAB

Public Health Advisory Board Agenda - Regular Meeting

Date: January 13, 2016
Time: 12:00 – 2:00 pm
Location: Shasta County Public Health, 2660 Breslauer Way
Community Conference Room

1. **Call to Order and Introductions**

2. **Public Comment Period** (2 min.)

To address the Board during Public Comment Time: The speaker should approach the table and, after receiving recognition from the chair, give their name and affiliation prior to comments or questions. Sixteen (16) copies of any written material used in the presentation must be provided to the clerk. There is a three-minute limit to an individual's comments, and the speaker may defer comments to a specific agenda item. Pursuant to the Brown Act, action or Board discussion cannot be taken on open time matters other than to receive comments.

3. **Member Sharing/Announcements** (10 min.)

4. **Action:** Approval of Minutes (3 min.)

- a. Approval of Minutes – November 9, 2015

5. **Committee Reports:**

- a. Executive Committee: Joe Ayer (5 min.)
- b. Community Health Awards Committee - Theresa Flynn Gasman (5 min.)
- c. Nurse Family Partnership: Linda Heick Kilzer (5)

6. **Director's Report:**

- a. Health & Human Services Agency: Donnell Ewert (5 min.)
- b. Public Health Branch: Terri Fields Hosler (10 min.)
 - Public Health Accreditation Update
- c. Regional Services Branch: Mary Schrank (5 min.)

7. **Presentation:** Adverse Childhood Experiences (ACE) Overview – Andrew Deckert (15 min.)

8. **Presentation:** ACE Screening Pilot Projects – Terri Fields Hosler (25 min.)

9. **Discussion:** (30 min.)

10. **Adjourn**

Next Meeting: March 9, 2016 @12:00 noon

Item 1: Call to Order:

Chair Ayer called the meeting to order at 12:09 p.m. The following Public Health Advisory Board (PHAB) members were present during at least part of the meeting: Joe Ayer, Katharine Ann Campbell, Theresa Flynn Gasman, Brad Frost, Linda Heick Kilzer, Jim Holdridge, Barbara Jackson and Richard Yoder.

Members not in attendance: Carissa Ballew, Lori Chapman-Sifers, John Coe, Jessica Delaney, Robin Glasco, and Cathleen Wyatt.

Others present: Health & Human Services Agency (HHS) Director Donnell Ewert, Public Health (PH) Director Terri Fields Hosler, Health Officer Andrew Deckert, Deputy Branch Director Brandy Isola, Program Manager Jenn Snider, Program Manager Kathey Kakiuchi, Community Education Specialist Wendy Millis and Typist Clerk Lorraine Tenney.

Item 2: Public Comments – No Comments

Item 3: Member Sharing/Announcements

- Member Yoder shared the following:
 1. Shasta Health Assessment & Redesign Collaborative (SHARC) – The consortium consists mainly of health care institution leaders. Some members raised concern about the recent increase in medication costs. A copy of their letter to Doug LaMalfa was circulated.
 2. A reference to a one page article entitled “How to Stop Teen Pregnancies” was circulated. This article appeared in the October issue of Scientific America.
 3. The Health Information Exchange is now operative in Shasta County. A report from Linda Scheben, the facilitator of SHARC, was circulated.
 4. There was a short discussion on the homeless population situation and local efforts.
- Kathey Kakiuchi announced that November 19th, 2015 is The Great American Smoke Out. Posters and Quit Kits are available.
- Chair Ayer shared that PH HHS does a big blood drive every year and donates a substantial amount of blood.
- Terri Fields Hosler- announced that the CCS Christmas Party is December 8th, 2015 from 3-5 at Shasta Senior Nutrition Center and members are invited.
- Member Jackson announced that December 1, 2015 is Giving Tuesday. Non-Profit Organizations are signed up to take donations, and those donations will be matched. Go to Shasta Regional Community Foundations Website to find all the organizations that are participating.

Item 4: Action - Approval of Minutes

a. September 9, 2015

Motion: Member Campbell made a motion, seconded by Member Frost, to approve the minutes of the September 9, 2015 meeting. The motion carried by a unanimous vote of the members present.

Item 5: Committee Reports

- a. Executive Committee: The committee met on October 21, 2015. Since there was not a quorum at the meeting, no action items were taken and the August 12, 2015 minutes will be reviewed and approved at the December Executive Committee meeting. The committee discussed the agenda for the November PHAB meeting. If you have agenda items you would like to see on future PHAB agendas, please send them to Chair Ayer.

- b. Community Health Awards: Member Flynn Gasman gave a report on the Community Health Awards luncheon. She shared that the committee that planned this event thought it was fabulous. There was consensus from the planning committee for permanently moving the awards luncheon from May to October. There were approximately 150 guests and it was at the Holiday Inn. Eleven nominations were received and the new nomination and scoring forms worked well. We intend to improve the outline application process. The videos that Tim Mapes put together of the winners went over very well. The videos told a great story of the winners' accomplishments. The group agreed that the speaker Dr. Ron Chapman was excellent. Terri will have a copy of Dr. Chapman's power point emailed out to everyone. There was discussion on feedback pertaining the Awards Luncheon.
- c. Nurse Family Partnership: Member Heick-Kilzer provided an update. The two nursing vacant positions have not been filled yet. Until the two nursing positions are filled the number of women that can be served is limited. The program is going well. The last time the Nurse Family Partnership met, three women came in who were part of the program. Some of them came with their babies. They talked about how their lives were being changed and how this program was making a difference. There was a discussion on the shortage of nurses and Terri Fields Hosler said the Agency is aware and working to address this for our programs.

Item 6: Director's Report

- a. Health & Human Services: See written report.
- b. Public Health Branch: Branch Director Terri Fields Hosler referred to her written report and added the following (see attachment).
 - Healthy Shasta Celebrates 10 years.
 - County Agrees to be a Reach Higher Shasta Career Connections Partner.
 - Laboratory Gets a Perfect Score.
 - Staff Coordinate a Local Conference on STDs with State Staff.
 - Public Health Helps Coordinate a Campus Wide Evacuation.
 - Accreditation Update:
 - Brandy gave a report on the two work days with the Accreditation Readiness Team.
- c. Services Branch: See written report

Item 7: Presentation – Medication Disposal Kiosks - Wendy Millis

- 5 Years in the making
- 4 Convenient Locations
 - Redding Police Department
 - Anderson Police Department
 - City of Shasta Lake Sheriff's Office
 - Burney Sheriff's Office

Pills and liquid medication are accepted in the kiosks. Pills are to be put in zip lock bags. Pill bottles can be recycled at home. Bottles of liquid medications should be put in a zip lock bag for extra protection. No sharps or needles. Locations for sharps and needles disposal are posted on the kiosk. Posters and information on the Medical Disposal Kiosks are being distributed out to pharmacies, doctor's offices and medical clinics. This project would not have been possible without the support and funding from our numerous community partners. Partners include: Redding East Rotary, Redding Police, Anderson Police, Shasta County Sheriff, Chemical People, Rx Safe Shasta County, A Sobering Choice, Lions Club of Anderson, Kiwanis Club of Anderson, City of Anderson, City of Shasta Lake, City of Redding, Anderson Rotary, Burney Rotary and the Youth Violence Prevention Council of Shasta County.

Terri Fields Hosler talked about the length of the project and the huge contractual and legal issues along the way. She expressed that thanking these partners will help us to encourage them to partner with us on other things in the future.

Item 8: Presentation – Collaborative Efforts Around Opiate Abuse – Dr. Andrew Deckert

Andrew Deckert gave a presentation on the Collaborative Efforts Around Opiate Abuse in Shasta County (see attached presentation). He reviewed the JAMA Psychiatry 2014 article that showed prescription drug abuse has become a gateway for heroin use. In recent years, 75% of heroin users started using heroin after getting into opioid painkillers first. His presentation outlined the following:

- What's happening now?
- 10 Drug Take Back Events
- 4 permanent Medication Disposal Kiosks
- Syringe Exchange Program
- 16 Sharps Kiosks

Item 9: Discussion

There was discussion on methods of pain management, high prescribers, educating the community on the risks of opiates and rehabilitation for patients addicted to opiates. The relationship of Adverse Childhood Experiences (ACE) and drug abuse was brought up and Terri mentioned that ACE is the topic for the next meeting.

Item 10: Adjourned at 2:03pm.

Health & Human Services Agency, Public Health & Regional Services
Director's Report - Public Health Advisory Board
January 13, 2016

CURRENT ISSUES:

Health & Human Services Agency (HHS) Update

- Effective December 28, 2015, Tracy Tedder has been appointed the new Branch Director of Business and Support Services (BSS) within the HHS. Tracy has been the Interim Branch Director for the past six months and was Deputy Branch Director since November 2012, and has been with Shasta County HHS in various other capacities since October 2006. We are now beginning our recruitment for a Deputy Branch Director for BSS.
- We will be initiating a new suicide prevention strategy focused on working age men called "Man Therapy." First developed within the state of Colorado in a joint effort between a foundation and the state department of public health, the intervention uses advertising to direct men to a humorous web site where they can get a mental health and substance abuse assessment. After the assessment, men are directed to local treatment and counseling resources. The goal of the intervention to increase help seeking among working age men who are at greatest risk of suicide.

Public Health Branch Update

- We have recently added two new Physical Therapists to our Therapy Unit for our CCS program to enhance services to those children.
- In just the first two months of the Medication Disposal Kiosk program, we have collected 253 lbs. of medications for proper disposal.
- On behalf of community partners interested in participating in an ACE screening pilot within their health care organizations, we have applied for a Partnership HealthPlan planning grant. The amount of the grant is \$50,000 and grantees will be notified by January 29, 2016.
- Ninety-seven percent of the Public Health workforce completed the Core Competency Self-Assessment and Training Preference Survey administered by the Western Region Public Health Training Center. The survey assessed employees on eight core competencies designed specifically for public health professionals. Survey results are being used in creation of our Branch Workforce Development Plan, which is part of Accreditation efforts to provide ongoing support for a competent Public Health workforce,
- The agency received approval to implement the Man Therapy Suicide Prevention program in Shasta County. The contract is currently being processed and it is anticipated that implementation will begin sometime in the spring.
- Counties across the state received a thank you from Gilberto F. Chavez, MD, MPH. Deputy Director for Infectious Diseases, California Department of Public Health that included the following statement:
....."From October 2014 through January 4, 2016, each of you in the health departments throughout California successfully monitored every one of the 1,295 travelers from West Africa that arrived in our state for the full 21 days".....I want to thank each of you from the bottom of my heart for your collaboration and dedication to protecting the public health during our response to Ebola. Congratulations on a job well done. The people of California can sleep well at night knowing that capable public health professionals stand ready to do whatever is necessary to protect them."

SCPH monitored one traveler from the affected areas during this time period, and we applaud the additional work of our staff in the development of procedures and training required to meet the state and national guidelines. In addition, we secured over \$260,000 in funds to enhance emerging disease preparedness and replace lab equipment.

- We will hold a training on February 5th for current Fun with Senior Fitness leaders, or those who would like to become fitness class leaders. Contact Jenn Snider for more information.
- We are providing a four class Nutrition Education series to the residents at Mountain Vistas senior housing.
- The Shop Healthy Shasta Lake group is a group of community members interested in improving the retail environment in the City of Shasta Lake. They have drafted a survey and other tools to gather information from the community and from store.
- **Accreditation Update:**
 - December 11th, 25 MAPP Steering Committee and organizational leaders participated in a half-day Visioning and Forces of Change workshop. NACCHO facilitator Deya Greer led participants through a process to set a 5-year vision for Community Health in Shasta County, and to identify the forces that may impact that vision. Results will provide valuable data for the Community Health Status Assessment (CHA) being developed.
 - The MAPP Steering Committee provided input on health status indicators by completing a survey. Their feedback will be used to determine which indicators to include in the Community Health Status Assessment.
 - Accreditation efforts during January and February will focus on collecting qualitative data for the Community Themes and Strengths Assessment. Survey and focus group input will bring the community voice to the CHA process.

BOARD OF SUPERVISOR STAFF REPORTS (September – October 2015):

- Accept Donation from Dignity Health, dba Mercy Medical Center Redding